

Upside Down: Jesus changes everything

WEEK
ONE

APRIL 2020

GRADES
4-5

SMALL GROUP

PRELUDE

SOCIAL

STORY

WORSHIP

GROUPS

HOME

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LIVE FOR GOD APPLICATION ACTIVITY



IMAGINE

an activity that promotes empathy and facilitates biblical application through role-play and reenactment

BIBLE STORY

The Way

Jesus Prays in Gethsemane
Matthew 26:36-56
(Supporting: Luke 22:39-46)

MEMORY VERSE

Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves.
Philippians 2:3, NIV

LIFE APP

Humility—Putting others first by giving up what you think you deserve

KEY QUESTION

How do you put others first?

BASIC TRUTH

I should treat others the way I want to be treated.

1. TAKE A SNAPSHOT

WHAT YOU NEED: One set of "Situation Cards" Activity Page

WHAT YOU DO:

- **Lay** out the situation cards on the table.
- **Ask** your group to work together to separate the situations into two piles—big or small.
 - **Ask:** Is it a big situation or a small situation?
- **Discuss** as a group whether it's easier to put others first in big situations or in the small, daily situations, and why?
 - Typically, it's easier to put others first in a big situation, because they need the support and it's an obvious need, but in the smaller, day to day stuff, with the people you see all the time, it's much harder!
- **Place** the situation cards in the middle of your group, face down.
- **Ask** one person to choose a card and then silently act out how he or she could put the person in that situation first.
 - **Challenge** the rest of the group to guess what is being acted out.
 - **Remind** them that they've seen all the cards already, so they have a "head start" for figuring out what is being acted out.
- **Allow** everyone else to have a turn as long as time allows.

WHAT YOU SAY:

"It can be really hard to put others first, especially when it comes to the people we're around the most! **[Make it Personal]** (Describe one way someone in your life puts you first in the daily, mundane stuff of life. And give kids an example of how you put others first.)

PRAY TO GOD PRAYER ACTIVITY



REFLECT

an activity that creates space for personal understanding and application

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5. MAKE IT PERSONAL WITH PRAYER

WHAT YOU NEED: pencils and paper

WHAT YOU DO:

- **Challenge** kids to remember the big situations from the "Take a Snapshot" activity and ask them to shout out (without really "shouting") whatever comes to mind.
- **Ask** if they can think of someone in their lives who is in the middle of a big situation. Let them share who comes to mind and what's going on. (Instruct them NOT to use names, just the situations.)
- **Remind** kids that one of the best ways we can put others first and value them is by praying for them.
- **Pass** out paper and pencils and let them write out a prayer for someone who is in the middle of a tough situation.
- **Let** kids share their prayers if they would like to.

WHAT YOU SAY:

"God, thank You for hearing our prayers and knowing our hearts and all the hard things in our lives. Please show our friends and family and US that You are with us and that You care. Thank You for Jesus. We ask that You make us more like Him and help us to put others first and value others more than ourselves. Amen!"

Helping your mom around the house while she has a big project at work

Being patient with your dad while he's taking care of a sick grandparent

Being a listening ear when your friend's parents get separated

Helping your neighbor with yardwork when he breaks his foot

Carrying boxes for your teacher when he's not feeling well

Letting your sister choose the restaurant

Playing your neighbor's favorite video game with him, even though it's not your favorite

Praying for your sick aunt every night

Always doing your chores when asked, without complaining, the right way

Giving up the front seat in the car

WHAT TO DO:

Print and cut apart one set for each small group.

Situation Cards

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