



Kids  
4 years–K

# Communion = Remembering Jesus!

*"Do this to remember Me." 1 Corinthians 11:24*

**Communion reminds us of all the things Jesus did for us!**

The night before Jesus was crucified, He met with His disciples. Jesus took bread, broke it & gave it to His disciples to eat. He told them that the bread was a picture of healing for their bodies. Then He took juice & told them it was a picture of forgiveness & cleansing their heart from sin. Jesus gave us communion as a picture of what He has done for us.

*Teachers: For this age, please do not talk about "drinking His blood" or "eating His body."*

Communion is a time to remember. It is a picture of what Jesus did for us. Jesus did two things when He died on the cross for us:

1. **He healed our bodies:** The bread is a picture of healing. Eat the bread and think about that as you eat it.
2. **He cleansed our heart from sin:** The juice is a picture of forgiveness. Drink the juice and think about that as you drink it.



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