



## A Food Ministry With A Servant's Heart

### What is Angel Food?

Angel Food is a non-profit, non-denominational food program dedicated to providing monthly food assistance to 500,000 families in 43 states across America. Every month Angel Food provides boxes of high quality, cost effective food items at over half off grocery store prices. Each unit contains enough food to help feed a family of four for about one week, or a single senior for almost a month. Angel Food is open to everyone. There are no applications or pre-qualifiers and no limit to the number of food boxes purchased.

### How do you order Angel Food?

- **ONLINE** Log on to [www.lwcc.org/angelfood](http://www.lwcc.org/angelfood) and complete credit card order form.
- **IN PERSON** Complete order form and bring it to the Angel Food table in the main lobby one half hour before or after services on Wednesday, December 2; Saturday, December 5 or Sunday morning, December 6 (Cash, credit card, money order food stamps only.)

**Note:** A \$2 per order convenience charge added to credit card orders. Deadline to order online is 11:00 a.m. CST December 9, 2009. Orders must be picked up on Saturday, December 19 between 9:30 a.m. and 11:00 a.m. at Living Word Christian Center at 9201 75th Avenue North, Brooklyn Park (two blocks south of Hennepin Technical College.) Orders cannot be held past 11:00. There are no refunds once an order is placed. Unclaimed food is donated.

Please charge \$ \_\_\_\_\_ to          CASH  EBT

\_\_\_\_\_/\_\_\_\_\_  
CARD NUMBER

EXP DATE

CVV#

PLEASE PRINT YOUR NAME AS IT APPEARS ON YOUR CREDIT CARD

\_\_\_\_\_  
BILLING ADDRESS

City

State

Zip

X

\_\_\_\_\_  
CARD OWNER'S SIGNATURE

\_\_\_\_\_  
TELEPHONE (Daytime)

\_\_\_\_\_  
EMAIL ADDRESS

### DECEMBER MENU ITEMS

_____ ea.	Signature Box - <i>Enough to feed a family of four for a week.</i>	.....	\$30.00
_____ ea.	Senior Convenience Box - <i>Ten fully-cooked meals.</i>	.....	\$28.00
_____ ea.	Allergen Free Box - <i>Processed to eliminate serious allergens.</i>	.....	\$23.00
_____ ea.	Special #1 – 6 lb. Assorted Meat Grill Box.	.....	\$22.00
_____ ea.	Special #2 – 4.5 lb. Steak Combo.	.....	\$21.00
_____ ea.	Special #3 – 10 lb. IQF Unbreaded Poultry Box.	.....	\$20.00
_____ ea.	Special #4 – Holiday Meat and Cheese Special.	.....	\$18.00
_____ ea.	Special #5 – Premium Fresh Fruit and Veggie Box.	.....	\$22.00
_____ ea.	Special #6 – Assorted Holiday Fruit Special.	.....	\$26.00
	Convenience Charge (Credit card orders)		+\$ 2.00
	<b>TOTAL \$</b>		<u>          </u>

**SIGNATURE BOX**

*Balanced nutrition and variety with enough food to feed a family of four for a week.*

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 1.5 lb. Boneless Pork Roast
- 1 lb. Chicken Breast Fajita Strips
- 1 lb. Lean Ground Beef
- 1.5 lb. All White Meat Chicken Tenders
- 1 lb. Bake or Fry Fish Sticks (32 count)
- 1 lb. Hickory Smoked Center Cut Ham
- 1 lb. Frozen Baby Lima Beans
- 1 lb. Frozen Green Beans
- 2 lb. French Fries
- 2 lb. bag Fresh Apples
- 10 ct. Flour Tortillas
- 32 oz. 2% Shelf Stable Milk Dozen Eggs Dessert

\*Steaks in a box of Angel Food are now thicker than ever before. Though there may be fewer steaks in a box, it's the same amount of meat but the quality is higher and the steaks are tenderer.

**\$30.00**

**SENIOR & CONVENIENCE MEALS**

**For Seniors or People on the Go!**

*Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.*

- Roasted Chicken** with red skin potatoes, sugar snap peas & carrots
- Swedish Meatballs** with pasta, broccoli carrots & red peppers
- Meatloaf & Gravy** with mashed potatoes, peas, carrots, cauliflower
- Sliced Turkey & Dressing** with gravy, corn and green bean/cranberry blend
- Chicken & Broccoli Alfredo** with carrots, zucchini/red peppers
- Chili with Beef & Beans**, corn/red peppers and peas
- Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas and broccoli/cauliflower blend
- Chicken Parmesan and Pasta** with Brussels sprouts and zucchini
- Macaroni & Beef** with noodles, carrots zucchini/red peppers
- Chicken & Noodles** with corn, Brussels sprouts
- Dessert:** Assorted Cookies, Pineapple Fruit Cup, Strawberry Applesauce, Mixed Fruit Cup, Apple Juice, Cranberry Juice

**\$28.00**

**5 LB. ALLERGEN-FREE FOOD BOX**

*Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!*

- 1 lb. Breaded Chicken Breast Chunks
  - 1 lb. Breaded Formed Tenders
  - 2 lbs. Breaded Chicken Drumsticks
  - 1 lb. Breaded Cube Steak
- Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.*

**DECEMBER SPECIAL #1**

**6 lb. Assorted Meat Grill Box**

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Hamburger Steaks (4 x 6 oz.)
- 2 lb. Pork Chops (4 x 8 oz.)
- 1 lb. Mild Italian Sausage with Cheese

**\$22.00**

**DECEMBER SPECIAL #2**

**4.5 lb. Steak Combo**

- 2.5 lb. Ribeye Steaks (4 x 10 oz.)
- 2 lb. Sirloin Strip Steaks (4 x 8 oz.)

**\$21.00**

**DECEMBER SPECIAL #3**

**10 lb. IQF Unbreaded Poultry Box**

- 3 lbs. Split IQF Tyson Cornish Hens
- 2.5 lb. IQF Split Chicken Breast
- 2.5 lb. IQF Chicken Thigh Quarters
- 2 lb. IQF Chicken Tenders (Unbreaded)

**\$20.00**

**DECEMBER SPECIAL #4**

**Holiday Meat and Cheese Special**

- 3 9 oz. Sausage Variety (1 beef summer sausage, 1 beef salami, 1 summer sausage)
- 3 7 oz. Wisconsin Cheese Bars (1 Cheddar, 1 Swiss and 1 Smokey)

**\$18.00**

**DECEMBER SPECIAL #5**

**Premium Fresh Fruit and**

- 3 lb. New Crop North Carolina
- 4 Large Russet Baking Potatoes
- 3 lb. bag Large-Medium Yellow Onions
- 1 head Fresh Green Cabbage
- 1 lb. Fresh Cello-Packed Carrots
- 1 stalk Fresh Cello-Packed Celery
- 4 California Lemons
- 6 Large Tree-Ripened Oranges
- 4 Large Premium Grapefruit
- 1 Large Tree-Ripened Mango
- 1 Large Premium Haas Avocado
- 1 lb. California Kiwi Fruit

**DECEMBER SPECIAL #6**

**Assorted Holiday Fruit Special**

- 5 Ruby Red Grapefruit
- 12 Tree-Ripened Navel Oranges
- 5 Tree-Ripened Tangerines
- 5 Extra Fancy Red Rome Apples
- 4 Extra Fancy Golden Delicious Apples
- 4 Extra Fancy Red Delicious Apples
- 4 Extra Fancy Granny Smith Apples
- 4 Extra Fancy Gala Apples

**\$26.00**

